# Marysville Public Schools
## Elementary Health
### 1st Grade

### Curriculum Pacing Guide

<table>
<thead>
<tr>
<th>Weeks</th>
<th>Unit Block</th>
<th>Michigan Course Content Expectations (CCE)</th>
<th>Power Standards - Critical Content - Key Concepts</th>
</tr>
</thead>
</table>
| Grade Level Rotation (Gardens, Morton, Wash.) | 1 Michigan Model for Health Lesson 3 Lesson 4 | 4.1, 4.2, 4.3, 4.4, 4.7, 4.8, 4.9, 4.10 | Social & Emotional Health  
- Learn to show courtesy to others  
- Learn to show appreciation to other people |
| Grade Level Rotation (Gardens, Morton, Wash.) | 2 Michigan Model for Health Lesson 1 Lesson 3 | 1.1, 1.2, 1.4, 1.5, 1.6, 1.7 | Nutrition & Physical Activity  
- Learn about the food groups  
- Learn how physical activity, rest, and sleep help a person stay healthy |
| Grade Level Rotation (Gardens, Morton, Wash.) | 3 Michigan Model for Health Lesson 2 Lesson 3 Lesson 4 Lesson 6 Lesson 7 | 3.1, 3.2, 3.3, 3.4, 3.5, 3.6, 3.7 | Safety  
- Describe safety rules to prevent fires  
- Apply strategies to prevent fires and burns  
- Demonstrate actions to take in a fire emergency  
- Demonstrate the procedure for using 911 to get help in emergencies  
- Learn how to stay personally safe |
| Grade Level Rotation (Gardens, Morton, Wash.) | 4 Michigan Model for Health Lesson 2 Lesson 3 | 2.1, 2.4, 2.5, 2.6, 2.7, 2.8, 2.9 | Alcohol, tobacco, & Other Drugs  
- Identify household products that are harmful  
- Learn that all forms of tobacco products contain harmful chemicals |
| Grade Level Rotation (Gardens, Morton, Wash.) | 5 Michigan Model for Health Lesson 1 Lesson 2 Lesson 3 | 5.1, 5.2, 5.3 | Personal Health & Wellness  
- Demonstrate skills to reduce the spread of germs  
- Explain the importance of preventing tooth decay |

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