<table>
<thead>
<tr>
<th>Weeks</th>
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<th>Michigan Course Content Expectations (CCE)</th>
<th>Power Standards - Critical Content - Key Concepts</th>
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</table>
| Grade Level Rotation (Gardens, Morton, Wash.) | 1 Michigan Model for Health Lesson 1 Lesson 3 | 4.1, 4.2, 4.3 | Social & Emotional Health  
  - Learn to identify positive role models and friends  
  - Recognize that each person has unique talents and skills |
| Grade Level Rotation (Gardens, Morton, Wash.) | 2 Michigan Model for Health Lesson 1 Lesson 2 Lesson 3 | 1.1, 1.2, 1.3, 1.4, 1.5, 1.6 | Nutrition & Physical Activity  
  - Explain the benefits of healthy eating and being physically active  
  - Analyze how strategies used to advertise food impacts eating behavior  
  - Describe the elements of a physical activity plan |
| Grade Level Rotation (Gardens, Morton, Wash.) | 3 Michigan Model for Health Lesson 3 | 3.1, 3.2, 3.3, 3.4, 3.7, 3.8 | Safety  
  - Describe the characteristics of safe and unsafe places. |
| Grade Level Rotation (Gardens, Morton, Wash.) | 4 Michigan Model for Health Lesson 1 Lesson 2 Lesson 3 Lesson 4 Lesson 6 | 2.1, 2.2, 2.3, 2.4, 2.5, 2.6, 2.7, 2.8, 2.9 | Alcohol, tobacco, & Other Drugs  
  - Identify rules for safe use of medicines and household products including those that can be inhaled  
  - Identify the short- and long-term physical effects of using tobacco  
  - Identify various strategies used in the media that encourage or discourage tobacco use  
  - Identify short- and long-term effects of alcohol use  
  - Identify effective refusal strategies – “Saying No” |