<table>
<thead>
<tr>
<th>Weeks</th>
<th>Unit Block</th>
<th>Michigan Course Content Expectations (CCE)</th>
<th>Power Standards - Critical Content - Key Concepts</th>
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</thead>
</table>
| Grade Level Rotation (Gardens, Morton, Wash.) | 1 Michigan Model for Health Lesson 3 | 4.1, 4.10, 4.11, 4.12 | Social & Emotional Health  
- Describe the effect of teasing and bullying on others  
- Explain what to do if you or someone else is being teased or bullied |
| Grade Level Rotation (Gardens, Morton, Wash.) | 2 Michigan Model for Health Lesson 2 Lesson 4 | 3.1, 3.5, 3.6, 3.7, 3.8, 3.9, 3.14 | Safety  
- Develop a home fire escape plan and practice using the escape plan  
- Describe strategies for staying safe when home alone  
- Demonstrate what to say when accessing emergency services |
| Grade Level Rotation (Gardens, Morton, Wash.) | 3 Michigan Model for Health Lesson 1 Lesson 3 Lesson 4 Lesson 5 | 2.1, 2.2, 2.3, 2.4, 2.5. 2.6, 2.7, 2.8 | Alcohol, tobacco, & Other Drugs  
- Describe the short- and long-term physical effects of being exposed to tobacco smoke  
- Explain how decisions about alcohol use will impact relationships with friends and family  
- Identify various strategies used in the media that encourage and discourage the use of tobacco and alcohol  
- Identify effective refusal strategies – How to say “No” to drugs |

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